



Scope and Sequence: Topics Overview

Prepare each student for academic success and their future with College and Career Explorations! Each lesson includes learning experiences that support development of the whole child. Our K-12 program encourages college and career readiness that begins when students enter kindergarten and lasts long after they graduate from high school.

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K-2

Social and Emotional Learning <i>Based off of CASEL's Social and Emotional Learning Core Competencies</i>	
	Pre-Assessment
Unit 1	Who Do You Think I Am? All Our Emotions Mindfulness Superpower What Are My Values? How Do I Decide? Setting Good Goals Unit Assessment
Unit 2	Let's Talk Let's Work Together What Makes Us Special What is Empathy? Unit Assessment
	Post-Assessment
	PBL Activity: Creating a Positive, Safe Learning Culture in Our Classroom

Habits of Mind	
	Pre-Assessment
Unit 1	Intro to Growth Mindset Taking Responsible Risks Metacognition Thinking Flexibly Persisting Asking Questions
	Post-Assessment
	PBL Activity: Fostering My Growth Mindset

Learning Strategies	
	Pre-Assessment
Unit 1	Using Context Clues Making Flashcards Mind Maps Mnemonics Unit Assessment
Unit 2	Communicating My Needs Balancing Obligations Time Management Skills Setting Goals Critical Thinking, Compare and Contrast Critical Thinking, Questioning Unit Assessment
	Post-Assessment
	PBL Activity: Creating a Positive, Safe Learning Culture in Our Classroom

Career Exploration	
	Pre-Assessment
Unit 1	Careers in Our Community What Do I Want to Be When I Grow Up? English and Math in the Workplace Traits of Great Employees
Unit 2	Virtual Career Fair: Medicine Virtual Career Fair: STEM Virtual Career Fair: Social Media Virtual Career Fair: Trades Virtual Career Fair: Working with Animals Virtual Career Fair: Business Virtual Career Fair: Public Service Virtual Career Fair: Entertainment and Tourism Virtual Career Fair: Working Outdoors Virtual Career Fair: Research Virtual Career Fair: Creative Work
	Post-Assessment
	PBL Activity: Classroom Career Fair

College Exploration

	Pre-Assessment
Unit 1	Bucknell University University of Oregon Rochester Institute of Technology Air Force Academy Louisiana State University University of Connecticut New York University Vassar College Penn State University Santa Fe Community College Mercer University
Unit 2	What is College The Road to College Why Go to College? Five College Skills
	Post-Assessment
	PBL Activity: Helping My Peers Make a Plan

3-5

Social and Emotional Learning	
	Pre-Assessment
Unit 1	Seeing Yourself Let's Regulate Our Emotions Let's Breathe Out What's So Hard About Goals? My Values Decisions for Today and Tomorrow Unit Assessment
Unit 2	I'm Listening Better Together Embracing Our Diversity Let's Listen Unit Assessment
	Post-Assessment
	PBL Activity: Creating a Positive, Safe Learning Culture in Our School

Habits of Mind	
	Pre-Assessment
Unit 1	Intro to Growth Mindset Taking Responsible Risks Metacognition Thinking Flexibly Persisting Asking Questions
	Post-Assessment
	PBL Activity: Fostering My Growth Mindset

Learning Strategies	
	Pre-Assessment
Unit 1	Using Context Clues Making Flash Cards Mnemonics Study Guides Unit Assessment
Unit 2	Communicating My Needs Balancing Obligations Time Management Skills Setting Goals Critical Thinking, Compare and Contrast Critical Thinking, Questioning Unit Assessment
	Post-Assessment
	PBL Activity: Creating a Positive, Safe Learning Culture in Our Classroom

Career Exploration	
	Pre-Assessment
Unit 1	Researching Careers in Our Community Finding the Right Career for Me English and Math in the Workplace Writing a Business Letter
Unit 2	Virtual Career Fair: Medical Careers Virtual Career Fair: STEM Careers Virtual Career Fair: Social Media Virtual Career Fair: Trades Virtual Career Fair: Work with Animals Virtual Career Fair: Business Virtual Career Fair: Working Outdoors Virtual Career Fair: Public Service Virtual Career Fair: Academics and Research Virtual Career Fair: Entertainment and Tourism Virtual Career Fair: Creative Work
	Post-Assessment
	PBL Activity: Classroom Career Fair

College Exploration	
	Pre-Assessment
Unit 1	College Pathways Introduction to College Finding your Fit: Rural, Urban, Suburban Finding your Fit: Small, Medium, Large Finding your Fit: Public vs. Private Finding your Fit: Liberal Arts vs. Research Finding your Fit: HBCUs Finding your Fit: Campus Life Finding your Fit: Nontraditional Options Unit Assessment
Unit 2	Pathway to College Benefits of College Essential College Skills Higher Education Options Alternatives to College Preparing for College Now
	Post-Assessment
	PBL Activity: Access to Early Planning

6-8

Social and Emotional Learning	
	Pre-Assessment
Unit 1	Self-Esteem through Self-Perception Accept Our Emotions Let's Breathe! Setting Smart Goals Responsible Decision Making What Does Your Heart Say? Unit Assessment
Unit 2	Listen Up Effective Teamwork From Tolerance to Acceptance Am I Empathetic? Unit Assessment
	Post-Assessment
	PBL Activity: Creating a Positive, Safe Learning Culture in Our Classroom

Habits of Mind	
	Pre-Assessment
Unit 1	Intro to Growth Mindset Taking Responsible Risks Metacognition Thinking Flexibly Persisting Asking Questions
	Post-Assessment
	PBL Activity: Fostering My Growth Mindset

Learning Strategies	
	*Pre-Assessment
Unit 1	Making a Study Plan Studying Vocabulary Multiple Choice Tests Study Guides Unit Assessment
Unit 2	Communicating My Needs Organizing with Multiple Sources Time Management Skills Balancing Obligations Setting Challenging Goals Critical Thinking Skills Unit Assessment
	Post-Assessment
	PBL Activity: Creating a Positive, Safe Learning Culture in Our School

Career Exploration and Preparation	
	Pre-Assessment
Unit 1	Exploring Careers in Entertainment and Tourism Exploring Careers Working with Animals Exploring STEM Careers Exploring Creative Careers Exploring Business Careers Exploring Writing Careers Exploring Careers in Research Exploring Careers in Trades Exploring Public Service Careers Exploring Careers in Working Outdoors
Unit 2	Successful Employees Finding a Culture Fit Research and Evaluate Opportunities Describing Strengths and Weaknesses What to Put on a Resume
	Post-Assessment
	PBL Activity: Classroom Career Fair

College Exploration

	*Pre-Assessment
Unit 1	Finding your Fit: Rural, Urban, Suburban Finding your Fit: Small, Medium, Large Finding your Fit: Public vs. Private Finding your Fit: Liberal Arts vs. Research Finding your Fit: HBCUs Finding your Fit: Nontraditional Options Finding your Fit: Campus Life
Unit 2	Preparing for College in Middle School Choosing a Major Free Money for College ACT and SAT What Colleges Look for Alternatives to College Higher Education Options
	Post-Assessment
	PBL Activity: Access to College Planning

9-12

Social and Emotional Learning	
	Pre-Assessment
Unit 1	Self-Awareness 1 Self-Awareness 2 Self-Management 1 Self-Management 2 Responsible Decision Making 1 Responsible Decision Making 2 Unit Assessment
Unit 2	Social Awareness 1 Social Awareness 2 Relationship Skills 1 Relationship Skills 2 Unit Assessment
	Post-Assessment
	PBL Activity: Creating a Positive, Safe Learning Culture in Our School

Habits of Mind	
	Pre-Assessment
Unit 1	Intro to Growth Mindset Taking Responsible Risks Metacognition Thinking Flexibly Persisting Asking Questions
	Post-Assessment
	PBL Activity: Fostering My Growth Mindset

Learning Strategies	
	Pre-Assessment
Unit 1	Making a Study Plan Studying Vocabulary Multiple Choice Tests Study Guides Unit Assessment
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	Post-Assessment
	PBL Activity: Creating a Positive, Safe Learning Culture in Our Classroom

Career Exploration and Preparation	
	Pre-Assessment
Unit 1	Successful Employees Finding a Culture Fit Exploring STEM Careers Exploring Creative Careers Exploring Business Careers Exploring Writing Careers Exploring Careers in Research Exploring Careers in Trades Exploring Public Service Careers Exploring Careers in Entertainment and Tourism Exploring Careers in Working with Animals Exploring Careers in Working Outdoors
Unit 2	Research and Evaluate Opportunities Describing Strengths and Weaknesses What to Put on a Resume
	Post-Assessment
	PBL Activity: Classroom Career Fair

College Exploration and Preparation	
	Pre-Assessment
Unit 1	Finding your Fit: Rural, Urban, Suburban Finding your Fit: Public vs. Private Finding your Fit: Small, Medium, Large Finding your Fit: Liberal Arts vs. Research Finding your Fit: Campus Life Finding your Fit: Nontraditional Options Finding your Fit: HBCUs
Unit 2	College Financial Literacy: Spending Peer Pressure College Financial Literacy: Credit vs Debit Cards College Financial Literacy: Credit Scores College Financial Literacy: Student Loans Navigating the Application Process: Constructing a Candidate Navigating the Application Process: SATs and ACTs Navigating the Application Process: The Common App Navigating the Application Process: Financial Aid
	Post-Assessment
	PBL Activity: Creating Equal Access to College Information